



St. Peter's Addiction Recovery Center

A Member of St. Peter's Health Care Services

Albany, NY 12208

Patient Information Label

TOBACCO FREE TREATMENT AGREEMENT

On May 1, 2006, SPARC became a tobacco free agency. Please support our commitment to a healthy environment and strong recovery by refraining from use of tobacco products during treatment program **and on any SPARC grounds.**

To support a tobacco free environment, I agree to the following:

- I will not use any type of tobacco products while on SPARC premises. I understand this includes the sidewalks near the clinic, parking lots, and vehicles. When waiting for a ride, I will not leave the site to use tobacco and then return. I understand I am being asked to refrain from the use of tobacco until my time at the clinic is over for the day.
- As a tobacco user I understand treatment goals specific to nicotine dependence will be included in my treatment plan.
- In an effort to support peers who have also agreed to this initiative, I agree to take measures to remove the odor or evidence of smoking from my person before I enter the clinic (i.e., washing hands, use of alcohol free breath mints, etc.).
- I agree I will not bring tobacco products to the SPARC site understanding that staff will confiscate these items if detected on the premises.
- In the event that I violate such policy I understand that my case will be reviewed with possible revisions to my treatment plan.
- As a non-smoker as part of the SPARC admission process I have been informed of this policy.

CLEAN, SOBER...FREE!

Patient Signature

Date

Counselor Signature

Date



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